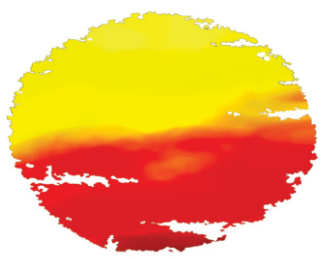


09 July 2021

SUNSHINE



NEWS

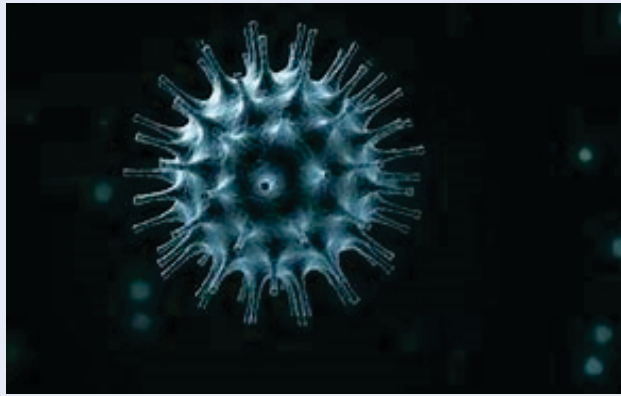


 **New trading spaces benefit vendors**

 **Residents urged to be careful**

 **Employees urged to be mentally fit**

Residents urged to be careful



Yvonne Saniro

City Epidemiologist Dr Michael Vere has urged residents to be extra careful and follow Covid-19 guidelines and protocols in order to mitigate the pandemic.

Dr Vere said city has witnessed a significant rise in the number of Covid-19 cases in the past two weeks. "We now have 15 551 cases in total but we used to have single digit cases on any given day previously.

"In terms of deaths we were also on single digits but we are now going into double digits like 11 or 12 deaths per day for Harare only.

He said institutions like Wilkins and Parirenyatwa hospitals bed capacity are almost full as those requiring hospitalization continue increasing.

"Hence this just basically means we need to be very careful in terms of preventing and or protecting ourselves from the virus," he said.

He said residents should be weary of other Covid-19 variants that are found in neighbouring countries in the

region.

"We got new variants coming in from neighbouring countries like South Africa and, Namibia as we know the movement from between our population and these countries.

"Unfortunately for Zimbabwe we have not characterized these variants that are currently circulating so this might mean Zimbabwe might have that same variant which is said to be more infectious and deadly.

"We urge people to please take heed of the public health and safety measures that are pronounced by the Government, NGOs and local authorities on prevention of covid-19.

He urged residents to go for vaccination at local clinics.

"Currently we are low on vaccine stocks but probably starting from next week we might be getting significant vaccines in the Clinics so we urge people to go and check nearest clinics.

"Vaccination have been found to be helpful in the severity of diseases, so if one gets vaccinated the severity of disease is significantly reduced.

"That means the need for admission is less in those that are vaccinated than those that are not vaccinated.

"Therefore we urge every Hararian to embrace the vaccination programme for covid-19 because it really helps us to reduce the number of deaths we are experiencing," he said.

Business man builds public toilets, refurbish Council offices

A Budiro businessman Mr Chirume has built a public toilet at Current Shopping Centre and refurbished the Budiro Council District Office.

The additional ablution facility will enhance public convenience while the refurbished district office adds to the ambience of the area.

"There was no public toilet at current shopping centre to service the high volumes of people who frequented the ever busy place as well as the many informal

traders who conducted their business daily at the shops," said Acting Housing Director Mrs Lizzy Muchena.

The modern public toilet is accessible and usable by people living with disabilities.

Work at the District Office included fixing window panes, painting, installation of burglar bars and car park carriage marks.

Council welcomed the gesture by Mr Chirume.



The City of Harare
#BeTheSunshine

#WashYourHands

PUBLIC NOTICE ON COVID-19 VACCINATION CENTRES

The City of Harare in conjunction with the Ministry of Health and Child Care (MOHCC) is conducting Covid-19 vaccinations at the following centres:

Council Clinics:

1. Braeside FHS Clinic
2. Hatfield Satellite Clinic
3. Mbare Polyclinic
4. Sunningdale Satellite Clinic
5. Waterfalls Satellite Clinic
6. Tariro Satellite Clinic
7. Rutsanana Polyclinic
8. Western Triangle Satellite Clinic
9. Highfields Polyclinic
10. Glen Norah Satellite Clinic
11. Glenview Satellite Clinic
12. Glenview Polyclinic
13. Budiro Satellite Clinic
14. Budiro Polyclinic
15. Mufakose FHS Clinic
16. Kambuzuma Polyclinic
17. Kuwadzana Polyclinic
18. Kuwadzana Satellite Clinic
19. Warren Park Polyclinic
20. Rujeko Polyclinic
21. Belvedere Satellite Clinic
22. Mabelreign Satellite Clinic
23. Marlborough Satellite Clinic
24. Avondale Satellite Clinic
25. Mt Pleasant Satellite Clinic
26. Hatcliffe Polyclinic
27. Borrowdale Satellite Clinic
28. Highlands FHS Clinic
29. Eastlea FHS Clinic
30. Greendale FHS Clinic
31. Mabvuku Satellite Clinic

Central Hospitals:

1. Parirenyatwa Central Hospital
2. Sally Mugabe Central Hospital

Private Hospitals:

1. Cimas Borrowdale Clinic
2. Health Point



#fightCoronavirus-Together we can

HARARE TO ACHIEVE A WORLD-CLASS CITY BY 2025

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Report any unusual conduct on hotline numbers: 0242-774141-3, 0242-753330-2

New trading spaces benefit vendors



Acting Mayor Musarurwa Mutizwa

Edwin Mugabe

Acting Mayor Cllr Musarurwa Mutizwa says the speedy completion of markets at Shawasha and Coke Corner will boost trade and benefit livelihoods.

Speaking during a tour of the Shawasha Grounds, where a multi-million dollar complex is going to be constructed and the Coca-Cola corner where a giant complex is almost complete, Cllr Mutizwa urged residents to be patient while Council works to speed up completion of these projects.

“What we have realized is that the informal traders have become the formal traders so we are going to provide infrastructure that is needed for them to work formally.

“In Mbare you are going to see massive developments on Shawasha grounds where we anticipate to house all the vendors in the area,” he said.

He said the Seke/Diepe Road project will decongest the Central Business District.

Cllr Mutizwa said a massive world class shopping mall is also in the offing at the area.

“We are actually answering to the call of the public who are saying we are demolishing market places without a solution.

“The infrastructure is now coming up and in about three months you are going to see structures coming up”, he said.

Employees urged to be mentally fit

Bothwell Petro and Yvonne Saniro

Council employees have been urged to stay fit and maintain strong social networks in order to mitigate mental health issues caused by the Covid-19 pandemic and successive lockdowns.

In a recent interview with the Sunshine News, Employee Relations and Wellness Manager, Mr Jabulani Dhube said employees are likely to suffer from stress and other mental health related issues. The division used to hold sporting and other activities so as to keep workers physically and mentally fit before the Covid-19 pandemic.

Lockdowns have meant that sporting activities and gatherings have been banned for some almost two years, disrupting many activities of the division.

“Covid-19 is coming in with a lot of stress so we need to react positively and make sure that we implement some of the social pillars or the wellness pillars.

“Like the working environment should be conducive you need not to stress at work, you need to make sure that your workmates are discussing things that are productive. “You need to stay fit and make sure that you distress in this Covid-19 environment. You need to make sure that

you got a strong network, meet your colleagues, and interact with your family so that at least you can shake off the psychological stress,” he said.

He encouraged stressed employees to visit wellness officers within departments so that you can then get social support.

“They will do counselling, put you on a program, monitor your reactions and they will also support you through and through.

He encouraged employees to be financially well in order to wade off the effects of the virus.

...Contiuing to the next page

Employees urged to be mentally fit

...From the previous page

He encouraged employees to be financially well in order to wade off the effects of the virus.

“You also need to manage your financial wellness in this environment because if you are affected with Covid-19 you then need the financial stamina to make sure that you go through the medical services so make sure you save in this area.

Mr Dhube advised employees to manage their diet

well so that they do not create any diseases that are caused eating lifestyles.

“Food wellness pillar is critical especially during the pandemic you know people have been talking a lot about what you should eat, we are encouraging people to eat citrus foods so that you fortify your vitamin C

“You also need to make sure that you drink lots of water and keep yourself hydrated so that your body is highly active and it can then react to any attacks because it can be very strong,” he said.



CONDOLENCE MESSAGE FOR MR COSMAS BUNGU



Harare Acting Mayor Cllr Musarurwa Mutizwa, Acting Town Clerk Eng P. Moyo, management and staff extend their deepest condolences to the Bungu family following the passing on of Mr Cosmas Bungu, the Executive Chairman of the Harare Municipal Workers Union and Harare Municipal Undertaking.

Mr Bungu will be remembered for his unwavering stance on employee rights and welfare. Council will continue to cherish Mr Bungu's contribution, loyalty, commitment and dedication to duty.

May His Dear Soul Rest In Peace

#fightCoronavirus-Together we can

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